

pastabilities LUNCHEON

Dear Restaurant Partner,

At UHC – Hub of Opportunities, we believe that access to nutritious food is a basic human right, yet too many people across Windsor-Essex are struggling with food insecurity. As the hub for 15-member food banks across Windsor-Essex, we work to hard support our community through food rescue, food distribution, and meal programs, helping ensure that no one goes hungry.

As chefs, restaurateurs, and hospitality professionals, you play a unique role in that mission. You bring people together and use food to nourish both body and spirit. Together, we have the power to make a meaningful difference in the lives of those facing food insecurity in our community.

This International Chefs Day, Monday, October 19, 2026, we invite you to join us at the Ciociaro Club for the 4th Annual Pastabilities Luncheon hosted by UHC – Hub of Opportunities, in partnership with the Culinary Federation of Windsor.

This event is more than a fundraiser. It is a unique opportunity for our local culinary community to utilize our talents for a greater purpose. By giving your time and preparing approximately 110 tasting portions of your favourite pasta dish, you will help raise funds for food insecurity initiatives across Windsor-Essex.

Guests will sample dishes from participating restaurants, vote for their favorite, and celebrate the generosity and creativity of Windsor-Essex's culinary community. Last year's event featured over 25 restaurants, welcomed more than 1,200 guests, and raised over \$59,000! Thanks to the ongoing support of our community, Pastabilities continues to grow, making a greater impact each year.

On International Chefs Day, let's show Windsor-Essex what the culinary industry does best; feed people, bring people together, and care for one another. Together, we can continue to make a difference, one meal and one family at a time.

For more information, or to confirm participation, please email Adelina DeBlasis at cfwindsorbranch@gmail.com

With sincere gratitude,

June Muir

Chief Executive Officer
UHC - Hub of Opportunities
Windsor Essex Food Bank Association

Adelina DeBlasis

Chef/Culinary Teacher
Culinary Federation of Windsor,
Greater Essex County District School Board

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Restaurant Participants: Please Return This Form

Restaurant Name:	Contact Name:
Restaurant Address:	Email:
	Phone:

Social Media

Please add your social media handles:

Instagram: _____

Facebook: _____

X (formerly Twitter): _____

LinkedIn: _____

Photos and Videos

Please share any related promotional content to Mena at mrimac@uhc.ca

Please tag us on your Pastabilities posts on Instagram at @uhcwindsor or Facebook @UHC - Hub of Opportunities

**Please note we cannot guarantee everything sent will be shared.*

Pease return form by email to:

mrimac@uhc.ca

or by mail to:

6955 Cantelon Drive, Windsor, ON N8T 3J9

