

## PRE-APPRENTICESHIP

# COOK PROGRAM

### WHO CAN APPLY:

- Possess a Grade 12 Diploma
- Proof of SIN & Date of Birth

### LEARN:

- Learn from UHC's Red Seal Chefs in a state-of-the-art kitchen.
- Certifications in Managing Food Safety, Smart Serve, Service Excellence, and Workplace Health and Safety.
- Gain Knife Skills, Food Preparation, and Commercial Kitchen Equipment knowledge.

### PROGRAM DETAILS:

This 14-week program offered through the UHC - Hub of Opportunities comes at **NO COST** to qualified participants and combines in-class and in-kitchen learning with an industry-specific work placement in order to prepare success candidates for a career!

### CONTACT ALICIA

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